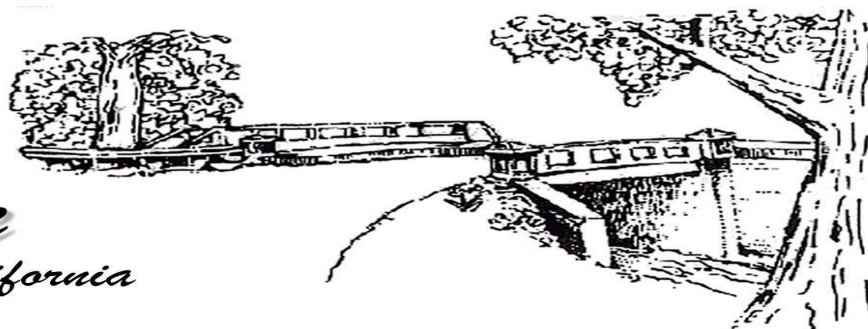



Creekside Chronicle

San Jose, California



The Creekside Cabana Club

April 2020

 **A big THANK YOU to those manning the front lines and making incredible personal sacrifices for the health and safety of our communities during this difficult time. The Creekside Community is proud and appreciative of our many residents who are working in Police, Fire, EMS, Healthcare, Food, Delivery and other Essential Services. And let us not forget to recognize those performing selfless acts of kindness such as sewing facemasks for those who do not have access to one, checking on the elderly, or helping the less fortunate.**

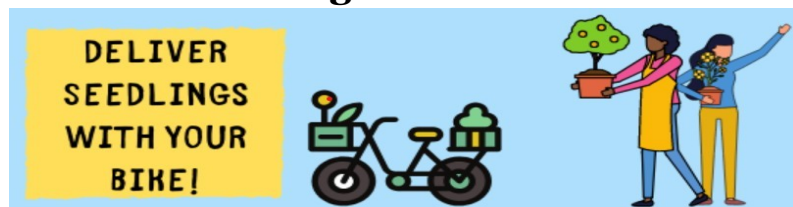


Get Your Creative Juices Flowing During This Shelter In Place Time!

Are you someone who likes to write and would like the chance to enter writing contests for cash prizes? To find a variety of writing contests, go to <http://free-writing-contests.com>



Seedling Taxis Needed



Are you an avid bike rider who likes to pedal long distances and would relish an excuse to ride all over San Jose? Do you have a bike that is equipped to carry seedlings and can double as a pedi-cab for plants? If so, the Silicon Valley Bicycle Coalition needs your help to deliver seedlings to families on May 9, 2020! Under normal circumstances, Valley Verde farm in San Jose sells seedlings at the annual seedling fair, but that was canceled this year due to the shelter in place mandate. Instead, they have decided to give the seedlings away to 400 low-income families. Riders will show up, get their seedlings, the addresses of families, and then drop those seedlings off on their front porch. If interested, it's not too late to sign up by going to <https://bikesiliconvalley.org/2020/04/spreading-health-through-bikes-and-seedlings>.

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- Cabana Club Rental Managers
- Community News
- April Is National Volunteer Month
- Earth Day Tips

CREEKSIDE DIRECTORY

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DIRECTOR 2– Deborah Garner

DIRECTOR 3– Sally Duffy

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CREEKSIDE CUDA WEB SITE:
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Phone: (925) 566-6806
Fax: (925) 566-6797
Email: KatrinaS@condofinancial.com

Please send all mail to:
Creekside Cabana Club
C/O CFM-ATTN: Katrina SanFilippo
60 Mayhew Way
Walnut Creek, CA 94597

MONTHLY BOARD MEETINGS

Creekside Cabana Club Board Meetings are
held the third Wednesday of the odd months
of the year in the Creekside Cabana Club
clubhouse at 8:00 PM. All members are invited
to come and find out what exciting things will be
happening at the Cabana.

If you would like to contact the Board of
Directors, please send an e-mail to:
BoardOfDirectors@creeksidecabana.org
or leave a message at (408) 270-2443.

CORONAVIRUS HEALTH TIPS:

THE SYMPTOMS:

1. It will first infect the throat, so you'll have a sore throat lasting 3 to 4 days.
2. The virus then blends into a nasal fluid that enters the trachea and then the lungs, causing pneumonia. This takes about 5 to 6 days further.
3. With the pneumonia comes high fever and difficulty in breathing.
4. The nasal congestion is not like the normal kind. You feel like you're drowning. It's imperative you then seek immediate attention.

A SELF TEST YOU CAN DO EVERY MORNING: Since the coronavirus may not show any signs of infection for many days, there is a simple self-check that you can do every morning. Take a deep breath and hold your breath for more than 10 seconds. If you complete it successfully without coughing, without discomfort, stiffness or tightness etc., it proves that there is no Fibrosis in the lungs which would basically indicate no infection. The fear is that by the time someone has a fever and/or cough and goes to the hospital, the lung is usually 50% Fibrosis and it could be too late.

KNOW HOW IT SPREADS:

1. There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
2. **The best way to prevent illness is to avoid being exposed to this virus.**
3. The virus is thought to spread mainly from person-to-person. Specifically between people who are in close contact with one another (within about 6 feet). Through respiratory droplets produced when an infected person coughs, sneezes or talks. These droplets can land in the mouths and noses of people who are nearby or possibly be inhaled into the lungs. Some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms.

PRECAUTIONS YOU CAN TAKE:

1. **AVOID CLOSE CONTACT:** Avoid close contact with people who are sick. **Put distance, at least 6 feet, between yourself and other people.** Remember that some people without symptoms may be able to spread the virus. Keeping distance from others is especially important for people who are at higher risk of getting very sick.
2. **NO HANDSHAKING!** Rather, use a fist bump or elbow bump. Use **ONLY** your knuckle to touch light switches, elevator buttons etc.. Also, when you go to fill your car with gas, lift the gasoline dispenser with a paper towel or use a disposable glove. When and if you can, open doors with your closed fist or hip. If possible, try not to grab the handle with your hand which is especially true of high traffic areas such as public bathrooms, at places such as the post office and for commercial doors.
3. **CLEAN AND DISINFECT:** Clean **AND** disinfect **frequently touched surfaces daily**. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets and sinks. Use disinfect wipes when you can at stores and make sure to wipe the handle and child seat in grocery carts as well.
4. **WASH YOUR HANDS OFTEN:** Wash your hands with soap for at least 20 seconds and/or use hand sanitizer whenever you return home from an activity especially if you have been in a public place or after blowing your nose, coughing or sneezing. If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry. Keep hand sanitizer readily available at home and in the car for when you can't immediately wash your hands. **Avoid touching your eyes, nose, and mouth** with unwashed hands.
5. **COVER COUGHS AND SNEEZES:** If possible, cough or sneeze into a disposable tissue that you can dispose of right away or the inside of your elbow.
6. **COVER YOUR MOUTH AND NOSE WITH A CLOTH FACE COVER WHEN AROUND OTHERS:** Everybody should wear a cloth face mask when they go out in public except for young children under the age of 2 or anyone that can't remove it themselves or has trouble breathing. To learn how to sew a face mask check out <https://www.craftpassion.com/face-mask-sewing-pattern>.



Personal note from the editor: I've spent 2 weeks hanging out with myself and I am so sorry to every person I have ever spent time with



Note From Our Pool Manager, Ivonne Luescher

Hello Creekside! First of all, I want to start by echoing a big “THANK YOU” to all the health care workers, EMS, police and fire personnel working the frontlines during these unprecedented and difficult times in our neighborhood and around the globe. We understand that every day you are risking your lives by taking care of our sick and for that we are very appreciative especially because of the toll it takes on your families. Given the current situation, we will **NOT** be able to open the Cabana Club as originally planned and will continue to follow the shelter-in-place mandate as long as it remains in effect. We are still hopeful to open up the Cabana Club to our members at some later point in time, dependent on both state and county regulations set forth. Any updates on the status of the Cabana Club can be found on our website (www.creeksidecabanaclub.com) under the “COVID-19 update” tab at the top of the webpage. Should you have any questions or concerns, you can also contact me, Ivonne Luescher, by email at creeksidecabanaclub@gmail.com. The CPR and First Aid class had to be postponed but Mike Gomez will reschedule if possible. Things might look a little different than what we are used to when we reopen the Cabana Club, but we plan on making it an enjoyable and safe experience for all and still the place to be for summer! As of now, our beloved swim lessons are still scheduled to start at the Cabana Club on June 1, 2020. As mentioned in the last newsletter, and based on your requests and feedback, we have added a new time slot to Session One (**ONLY** June 1st to June 11th) from 7:15pm to 7:45pm. We hope that this will help some of our families who have been interested in a later class. You can find the full list of swim lesson classes offered this year on page 6 of this newsletter. We also still plan on introducing two community movie nights out on the lawn of the Cabana Club this year. Specific dates and potential rules we must adhere to will be announced at a later date, dependent on both state and county regulations set forth. We are excited to offer the movie nights which, of course, are in addition to all the usual fun activities planned for this season.

Who do you think will be the first person in the pool this year? Make sure to sign up for swim lessons or book a party in the BBQ area once we reopen! We are in this fight together, so support each other, stay positive, and let’s hope for a fun filled and safe season. I look forward to seeing many new and familiar faces poolside once we are able to open! Until then, stay safe and healthy.

HOW TO BE A GOOD NEIGHBOR

1. ***Start a Phone Tree:*** Check on seniors, disabled or other at-risk neighbors in your area by checking in with them with a phone call to make sure that they are safe.
2. ***Offer Help To Neighbors When Needed:*** Offer to help the seniors, the homebound, and those in need in your neighborhood by running errands such as buying groceries for them. You can connect with them through Facebook, Nextdoor or great non-profit organizations such as Helping Hands (<https://helpinghands.community>) that can help connect you with those in need in your community.
3. ***Donate food or volunteer to distribute food if healthy at local food bank:*** Food banks such as Second Harvest of Silicon Valley are in major need of help.
4. ***Give Blood:*** Go to the American Red Cross website at <https://www.redcross.org> to find a blood drive near you if you are healthy enough to give blood as there is an urgent need for it at the moment.
5. ***34 Simple Ways To Help Others During The COVID-19 Pandemic:***
<https://www.care.com/c/stories/16698/ways-to-help-others-coronavirus>
6. ***Santa Clara County Public Health Donations:***
<https://www.sccgov.org/sites/covid19/Pages/covid19-donations.aspx>



SHOUT OUT TO SOME ‘GOOD NEIGHBORS’ IN OUR COMMUNITY

Fred Navarrette: He offered extra eggs he had to anyone who needed some; **Judi Leonard:** She purchased eggs at the store for someone who was having difficulty finding them; **AK Kitchen:** They went shopping at Costco for seniors who couldn’t go there themselves; **Dominique Ritchie:** He brought someone supplies; **Kathryn Delgadillo & Georgie Clemmons:** They were busy sewing up masks for the community and Good Samaritan Hospital; **Erica Ransom:** She delivered her Beta babies to people interested in getting a fish or two for free; **Woody Hassman:** He cleans up graffiti in the neighborhood.



Note From Our Associate Membership Chairperson, Denelle Fedor

Welcome Associate Members! I hope that everyone is staying safe and healthy and doing well through this challenging, unprecedented time! I also hope that your patience is still intact during the stay at home mandate. Hopefully May shows enough improvement that we can slowly begin to see some of the restrictions being lifted. Remember, we are all in this together!

The Cabana Club makes for a wonderful retreat to sit by the pool, read a book and enjoy the beautiful summer weather. A good piece of news is that we have extended the deadline and still have openings available for Associate Members ... so there is **still time to join or rejoin us** for the 2020 season! As you know, there are many reasons to be an Associate Member at the Creekside Cabana Club. You receive reduced rates on swim lessons; you can bring guests in for only \$3 per person; you have the ability to rent the clubhouse; you have access to the barbecues; you are invited to all events sponsored by the cabana club, including social events/potlucks; and, of course, you can use the pool for those hot summer days. In addition, Associate Members' children ages 4 through 18, qualify to be on the Creekside Cudas' swim team. Swim team information can be found on their website: www.creeksidecudas.com, or you can email for information: parentreps@creeksidecudas.com.

If you are interested in renewing or joining as a new member, you will need to send me the necessary 2020 membership documents which includes the 2020 emergency form, a signed policy form, and a check for \$450 covering the Associate Membership fee for the 2020 season. We ask that you fill out a **NEW** emergency form for 2020 **EVEN IF NOTHING HAS CHANGED FROM PRIOR YEARS!** Also remember that in order for your children to be on the Cuda (Creekside Cabana Club) Swim Team, you **MUST** be an Associate Member -- the only exception being if you live within the assessed HOA Creekside neighborhood! **Please send payment along with the completed 2020 emergency form and signed policy directly to me at the following address:**

**Creekside Cabana Club, Associate Membership
c/o Denelle Fedor, 3615 Cour Du Vin, San Jose, CA 95148**

For any questions or further information, feel free to contact me directly on my cell phone (text or call) at 408-426-7891 or by email at denellefedor@sbcglobal.net. Please note that I work during the day and some nights but that my goal is to respond within 24 hours. Thanks in advance for your understanding. We sure hope to see all of you poolside once the Cabana Club is allowed to safely reopen. Here's to a fun 2020 season at the Cabana Club!

COME SUPPORT OUR LOCAL BUSINESSES TO KEEP THEM IN BUSINESS!

- 1. Create a new TAKE OUT tradition:** Many restaurants and eateries that had to close, still offer take out. Consider getting take out from local places like AK Kitchen, Sophie's Mediterranean, Yuri Japanese restaurant, Curry Pizza House, Evergreen Panda, and Aqui's to keep them in business.
- 2. Write a REVIEW or give a SHOUT OUT on social media:** With an online review or shout out, share a positive experience you have had with a local business as that is what helps them to succeed.
- 3. Shop LOCAL & Shop ONLINE:** Shop locally wherever you can! If you have pets, there is Pet Food Express, CVS for toiletries and Lucky for groceries. Many stores that are closed such as local cafes, book shops and other small businesses, have online shops so give them your business online. There are still plenty of happy moments worth celebrating such as birthdays and Mother's Day coming up so use those occasions to shop online from your local stores. These stores especially the smaller ones count on each and every sale right now to survive!
- 4. Treat Your FUTURE Self:** Buy gift cards **now** from businesses for future use to keep them from having to close their doors. Whether it is a massage at a spa or something you have had your eye on, it is always nice to have something to look forward to, and your local business will be grateful.
- 5. Help DOMESTIC workers:** While you have to cancel any upcoming appointments, try to continue to pay people you use for routine and domestic services their normal rate if you can. This includes people such as a nanny, housecleaner, your hair stylist or personal trainer. Because of social distancing, these people can't work and are struggling to make ends meet with not having an income to live on.
- 6. Sign up for a VIRTUAL WORKOUT:** Help your favorite gyms and studios stay in business and remain relevant by partaking in the virtual classes they have had to start shifting to for the time being.

Swim Lessons at Creekside Cabana Club

Make a Splash! Fun and Friendly Swim Lessons for All Ages!

Session Dates:

~ Session One
June 1 - June 11

~ Session Two
June 15 - June 25

~ Session Three
June 29 - July 9

~ Session Four
July 13 - July 23

~ Session Five
July 27 - Aug 6

~ Session Six
Aug 10 - Aug 20



Costs:

(Prices are per child/per session)

Associate & Regular Members: \$90

Non-Members: \$110

Details:

30 Minute Classes

8 Classes Per Session

(Monday – Thursday)

No Make-Up Classes

Session 6 Subject To

Availability Of Staff

Questions?

Contact us at:

creeksidecabanaclub@gmail.com

Address: 3840 Yerba Buena Ave.
San Jose, CA 95121

* Available class times for all sessions are at **10:30 AM, 11:05 AM or 11:40 AM** with
Session One having an additional available class time at 7:15 PM

*We accept children as young as 3 years of age as long as they are potty trained



Until further notice, the days of the week are now called **thisday**,
thatday, **otherday**, **someday**, **yesterday**, **today** and **nextday**

DRAGON CLOUD DOJO CREEKSIDE

DRAGON CLOUD DOJO

School of
KARATE, KENPO & KOBU-DO



JAMES GARNER
Chief Instructor

DEBORAH GARNER
Head Instructor

Licensed

(408) 223-7233

Insured

dragonclouddeb@gmail.com

Been interested in taking karate? If so, then come check out our karate classes at the Creekside Cabana Club taught by two seasoned karate instructors, Senseis James and Deborah Garner where we are sure to have a class for you! We offer beginner classes for kids ages 6 to 13 years old which are offered Mondays and Wednesdays from 5:10 pm to 6 pm as well as for adults ages 14 and up which are offered Mondays from 7:45 pm to 8:45 pm and Wednesdays from 7 pm to 8 pm. Also, if you or someone you know is more experienced and want to continue taking karate lessons at the Cabana Club, make sure to take advantage of the other classes that Sensei James and Deborah offer and teach which include Intermediate, Mixed Belts, and Advanced. A great outlet at any age, so drop in anytime and give it a try! For more information about any of their classes, don't hesitate to contact Sensei James or Deborah Garner directly by phone @ (408) 223-7233 or email @ dragonclouddeb@gmail.com. Sensei James and Deborah Garner are both 5th degree black belts as well as two time Hall of Fame award winners so don't miss out on this great opportunity to learn from them!

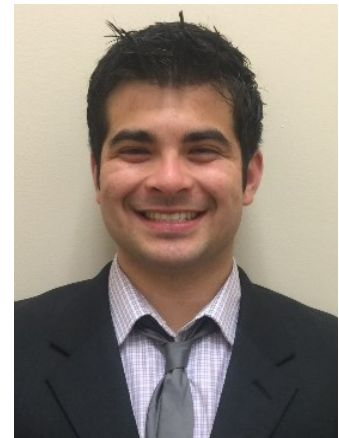
Proudly serving San Jose and the greater Bay Area for over 20 years!



Are you looking for someone to manage your property? Are you looking for someone to help sell or rent your house? Then look no further! Our team has all of your real estate needs covered from property management, remodels and repairs to market analysis. We are your real estate experts for the San Jose and the greater Bay Area. We also offer free consultations so make sure to give us a call today!



Nile Sullivan, Realtor
Phone: 408-568-3561
nilesells@gmail.com
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Brandon Sullivan, Realtor
Phone: 408-642-0401
brandonsells1991@gmail.com
CALBRE# 02006618



Message From Your Cuda Parent Rep, Angela Smith

Hello Cudas! First of all, I want to reiterate Ivonne by saying a big “thank you” to all the frontline workers as well as for those who have made personal sacrifices in our community to help those in need through this pandemic. I also hope that everybody is staying well, healthy, safe and practicing social distancing to help get us past this pandemic.

Here is a quick update on the status of our 2020 season. While the Cabana League has had several meetings over the course of the last few weeks, we still don't have a solid date as to when we can start our season. However, we still hope to have some sort of season as the league believes that the summer swim season is such an integral part of all our swimmers' lives. It would be nice to see at least something wonderful come out of all of this in some form or another. The league has put a couple ideas out there for consideration including having a shortened season or possibly even a later season. Now it is just a waiting game that comes down to county and state directives on if/when we can gather in groups.

Over the past month, the Cuda Board has conducted virtual meetings to ponder and discuss these options. The board is in complete agreement that the health and safety of our swimmers, families and community is of upmost importance to us no matter what gets decided. We discussed the possibilities set forth by the league and will be making decisions based on what is best for ALL of us in the coming weeks. We understand that these are stressful times for everybody as not only are we not allowed to gather, swim and hug one another to unwind at this time, but so many of our Cuda families are struggling in ways that many of us may not understand. Therefore, for those who may be struggling financially, the Cuda Board is offering the option to have registration fees for their swimmer refunded with the option to reregister their swimmer if/when we can have a season of some sort. This does not include any fees associated with online payment. If you would like to have your registration fees refunded and reregister your swimmer at a later point, please send an email to registration@creeksidecudas.com.

On a personal note, I would like to extend a BIG thank you to Julie Chapman for taking on the Cuda messaging tasks for me due to the long hours that my hospital job has required. I am very appreciative of how supportive everybody has been through this difficult time. It is what makes our Cuda family so great! Please continue practicing social distancing, washing your hands frequently and, above all, maintaining our awesome Cuda spirit!

MAKE TIME FOR EXERCISE OUTDOORS!

The warm weather is here so make sure to get out, stay fit, and enjoy the outdoors! County parks and open spaces including Montgomery Hill, Santa Teresa and Grant Parks are now open. While getting out to move is a good thing as it has proven to help reduce stress and anxiety, please make sure to obey the below guidelines set forth by the County Parks Department. The trails are open for people to enjoy in a safe and healthy manner while practicing social distancing, but public gatherings are not allowed during this Public Health Order.

- ✚ Stay a minimum of 6 feet away from people you do not live with.
- ✚ Yield to others and maintain a safe distance at all times.
- ✚ Wait your turn at trailheads and park entrances to maintain a safe distance from others at all times.
- ✚ Do not park in a crowded parking lot or use a crowded trail. Park in main parking lots to avoid crowded trailhead parking on weekends.
- ✚ Choose less frequented parks that feature road-width trails and are currently NOT heavily impacted which include Coyote Lake, Sanborn, Mt. Madonna and Joseph D. Grant park. You can download social distancing trail routes on your mobile device for these parks at <https://www.sccgov.org/sites/parks>.
- ✚ Shorten your visit to give others an opportunity for a safe experience.
- ✚ Return home to shelter in place immediately following your outing.
- ✚ Visit <https://www.sccgov.org/sites/parks> for more information on keeping safe outdoors during the pandemic.

YOU HAVE TO BE INDOORS? CHECK OUT THESE FREE VIRTUAL EXERCISE SITES!

- ✚ **Planet Fitness:** <https://www.planetfitness.com>
- ✚ **Nike Training Club:** <https://www.nike.com/ntc>
- ✚ **Core Power Yoga:** <https://www.corepoweryogaondemand.com>
- ✚ **Cosmic Kids Yoga:** www.cosmic-kids.com
- ✚ **Les Mills On Demand:** <https://watch.lesmillsondemand.com/at-home-workouts>
- ✚ **50 Best Free Workout Resources:** https://www.huffpost.com/entry/free-online-workout_b_7722024
- ✚ **Virtual Exercise Classes For Kids:** <https://www.bayarearent.com/Article/Virtual-exercise-classes-for-kids-Sites-to-keep-them-moving-while-stuck-indoors/>



We Have Ourselves 2 New Creekside Cabana Club Rental Managers! Meet Michelle and Irene Moreno

Michelle and Irene Moreno might be new in their role as the new Creekside Cabana Club Rental Managers, but they are no strangers to our neighborhood. Both were born here in San Jose and moved into the Creekside neighborhood in 1987 where they have been Creekside residents for 33 years now. In 2014, Michelle's son, Xavier, joined the Creekside Cuda Swim team and, since then, both Michelle and Irene have been active with the swim team as well. Michelle is the Events Coordinator and Irene is the Cuda Cafe Manager. They had also been Cyndee and Scott Farstad's backup at the clubhouse for the past year when the Farstads were the Creekside Cabana Club Rental Managers. Irene is a retiree and spends some of her spare time volunteering at the Evergreen Library. Michelle is currently a college student pursuing a career in Family Law. Michelle and Irene enjoy being active in the Creekside community and look forward to serving you in their new roles.

The Santa Clara County Health Officer recently extended the shelter in place order through May 31, 2020 (see <https://www.sccgov.org/sites/covid19/Pages/order-health-officer-050420.aspx>). Because it prohibits gatherings, during the shelter in place mandate we are currently not able to rent out the clubhouse and will be cancelling any prior rental agreements. If your reservation falls within the mandated shelter in place period, all deposits and fees will be refunded in full. If you would like to reschedule your event, we are currently making new reservations on a first-come, first-serve basis for which the available dates are posted in our clubhouse calendar. We will update our website about clubhouse availability as new state and county directives are issued (www.creeksidecabanaclub.com). Should you have any further questions, you may also contact us at creeksidecabanarentals@gmail.com. We thank you for your understanding and patience during this challenging time. Stay safe and healthy!



COMMUNITY NEWS: GETTING BY

MOTHER'S DAY IS COMING UP: This Mother's Day, give the gift that keeps on blooming! Celebrate the Mom in your life with a unique gift package and custom-dedicated rose in the Heritage Rose Garden at Guadalupe River Park & Gardens. A bouquet of roses will last a week, but a rose bush will bloom throughout the year. With your donation of \$50 (no package) or \$60 (with package), we will help you select the perfect rose for the Mom in your life. It's still not too late as you can order anytime so if interested, go to <https://www.grpg.org/events/adopt-a-rose-for-mothers-day> for more information.



LIKE TO READ AND/OR WRITE?

Thinkerbots: If you like reading or writing flash fiction, check out <https://thinkerbots.weebly.com>.

Bay Area Book Festival 2020: While this annual festival can't be held in its usual setting this year, starting May 1st look for exciting virtual sessions on their website at <https://www.baybookfest.org>.

National Book Club For Kids: If you are a 4th through 6th grader, come join the first ever online National Book Club for Kids as we can still come together around great books! If interested, have your parents fill out a registration form at <https://sites.google.com/hope.edu/nationalbookclubforkids/home>.

Covid-19 time capsule worksheets for children! This is a great idea to print out and have your child fill out especially since it is a scary time and hard for children to understand what's going on or how to deal with it. Go to <https://drive.google.com/file/d/1MaM2RBrqyDeyKFCG8impDgfuZ8a2tIZ-/view> for worksheets.

LET'S GO VIRTUAL!

Virtual Biking, Hiking & Running: Stay fit while enjoying the outdoors at <https://www.vafitness.com>.

Virtual Runs: Go on a virtual run at <https://www.virtualstrides.com>.

Virtual Concerts: As more festivals, performances and concerts are canceled due to COVID-19, musicians of all stripes and sizes are taking to social and streaming platforms to play live for their fans. Go to npr's website at <https://www.npr.org/2020/03/17/816504058/a-list-of-live-virtual-concerts-to-watch-during-the-coronavirus-shutdown> to check it out. Also check out https://www.huffpost.com/entry/free-events-places-home-quarantine-coronavirus_15e738dbdc5b6eab77943a598. This website has rounded up a selection of

free virtual experiences you can have from the comfort and safety of your home which include virtual **Broadway Shows** (such as London's West End and regional offerings from American Conservatory Theater in San Francisco), virtual **Museum Tours** (such as the Guggenheim in New York), virtual **Zoo And Aquarium Tours** (such as the San Diego Zoo, Cincinnati Zoo, the Monterey Bay Aquarium, and Boston's New England Aquarium), virtual **Concerts** (including taped concerts and hundreds of archived performances from musicians such as John Legend, Chris Martin and Charlie Puth), virtual **Classical Music Performances** (such as the Berlin Philharmonic and the Philadelphia Orchestra), virtual **Exercise Classes** (such as workout apps Obé Fitness, Peloton and P.volve), virtual **Theme Park Experiences And Tours** (such as virtual experiences of Walt Disney World rides including 'Frozen Ever After' and virtual tours of the parks including Magic Kingdom, EPCOT and Legoland), virtual **Opera Performances** (such as the The Rossini Opera Festival).

Virtual Native Garden Tour 2020: Yes, you can still visit stunning gardens that feature California Native Plants! We're all sheltering in place, so we can't have you over, but you can enjoy many photos of this year's gardens and video tours of several gardens. While registration isn't required to view live sessions, your encouraged to do so to receive notifications as the virtual tours of the gardens become available. The next live session with three garden visits and a presentation about using Calscape.org for butterfly gardening will start on Saturday, May 9, 2020 at 10 AM. If interested and for more information as well as how to submit your garden for the 2021 tour, go to <https://gngt.org/GNGT/HomeRO.php>.

Virtual Nature Programs: The Open Space Authority wants to keep us connected to nature with virtual, livestreamed outdoor events and programs. Join them for tours of parks, preserves, and urban open spaces, mental wellness activities, outdoor art lessons, live animal presentations, native plant walks, and more at <https://news.openspaceauthority.org/en/virtual-programs-2020>.

Virtual Get Togethers: Stay connected with family and friends through video chats using tools such as zoom.us or houseparty.com. Some fun ideas are to have a morning coffee break with a cup of coffee or a happy hour with a glass of wine with your friends. You can also get the extended family together for karaoke, or a game of Pictionary or Charades any night of the week.

VIRTUAL FIELD TRIPS: Enjoy over 30 virtual field trips to places like the San Diego Zoo with your family at https://docs.google.com/document/d/1SvIdgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/preview.

APRIL WAS NATIONAL VOLUNTEER MONTH

Places You Can Volunteer

Helping Hands: Come help this great non-profit that was created to slow the spread of COVID-19 through tech-enabled, community volunteerism. They connect people who must shelter in place with those who can safely deliver critical items such as food and medicine or provide various forms of assistance such as mail pick-ups. If interested go to <https://helpinghands.community> for more information.

Food Banks: – Help to donate and/or distribute food at local food banks to ensure that anyone who needs a healthy meal can get one. Two reputable ones in our area are Second Harvest of Silicon Valley (<https://www.shfb.org>) and Meals on Wheels (<https://www.mealsonwheelsamerica.org>).

Silicon Valley Bike Coalition: Their purpose is to create a healthy community, environment, and economy through bicycling for people who live, work, or play in San Mateo and Santa Clara Counties. Go to <https://bikesiliconvalley.org/get-involved> to see how you can get involved if interested.

Santa Clara County Parks: Volunteer to help maintain and clean the trails and facilities as well as give classes and lead tours at our local parks. Go to https://scc.samaritan.com/custom/502/#/volunteer_home for more information. Because the County of Santa Clara is committed to connecting volunteers with community needs and promoting volunteerism in Santa Clara County, you can also find a list of links to other departments throughout the county that have various volunteer opportunities available at the bottom of the site.

Guadalupe River Park Conservatory: Volunteer to do something good for the environment by helping to maintain the park and Gardens while learning successful gardening techniques. You can also help with the children's education programs and students can earn community service credits through volunteering with them as well. If interested, please visit their site at <https://www.grpg.org/volunteer>.

Local public libraries: Volunteering at your local library is a great way to use your talents and provide valuable service to the community! To find out more go to <https://www.sjpl.org/get-involved-menu>.

ThinkerBots Writing Academy: This is a free and safe writing review site that promotes KIDS HELPING KIDS globally in offering positive encouragement and editing suggestions for English writing prompts. They are looking for motivated high school and college editor volunteers to review submissions! If you or someone you know would like to join the ThinkerBots team and become a reviewer volunteer, simply visit their website at <https://thinkerbots.weebly.com/become-a-volunteer.html> for more information.



Anyone else's car getting 3 weeks to the gallon at the moment?

APRIL 22nd WAS EARTH DAY

Tips To Help Our Environment

April 22, 2020 officially marked 50 years of celebrating Earth Day but for us, every day should be Earth Day and it's more important than ever to be green! Here are a few helpful tips and websites if you're looking for simple changes you can make in honor of the holiday. A little bit goes a long way, so let's treat our Earth right!

1. Reuse the items you already have and recycle paper, plastic and glass
2. Purchase environmentally-friendly products that don't come in excess packaging
3. Reduce your daily water and energy consumption and use environmentally-friendly cleaning products
4. Look for products with the Green Good Housekeeping Seal and use rechargeable batteries
5. Try more plant-based recipes that have smaller environmental impact than animal products
6. Try "re-growing food scraps" for your own garden or using as compost instead of throwing them away
7. Throw away your bottle caps when you recycle a bottle and use cloth towels instead of paper ones
8. Don't get fooled by bioplastics as they are unlikely to actually degrade and choose a reusable option
9. Use a lint filter for washing machines and replace incandescent light bulbs with CFLs or LEDs
10. Properly dispose of prescription drugs instead of flushing them down the toilet

46 Tips To Make A Difference: <https://www.earthday.org/earth-day-tips>

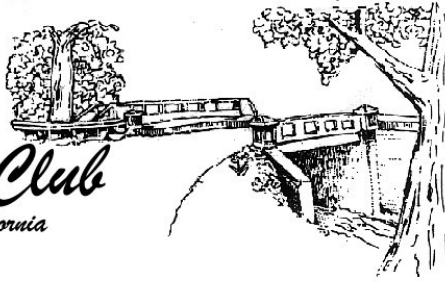
45 Lifestyle Changes: <https://www.goodhousekeeping.com/life/g19851547/earth-day-tips>

6 Sustainability Tips: <https://www.theweek.com/articles/909743/6-sustainability-tips-earth-day>

Earth Day articles and posts on topics such as pollution: <https://www.earthreminder.com>

Other Ideas: <https://www.cnn.com/2020/04/22/health/earth-day-ideas-coronavirus-wellness/index.html>

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SAN JOSE CITY SERVICES

Abandoned Autos

On the Street (408) 277-5305
On Private Property (408) 277-5307

Animals

Stray/Dead Animal Pickup (408) 794-7297

Neighborhood Services

Garbage & Recycling (408) 535-3500
Graffiti Hotline (408) 277-2758
Poison Control (800) 876-4766
Street Light Repair (408) 794-1903
Tree Trimming & Removal (408) 277-2756

City of San Jose Search

<http://find.sanjoseca.gov>

District 8 Representative

Sylvia Arenas (408) 535-4908
<http://www.sanjoseca.gov/district8>
Sylvia.arenas@sanjoseca.gov

Supervisor for District 3

Dave Cortese Office (408) 299-5030
<http://www.sccgov.org/portal/site/d3>
Dave.cortese@bos.sccgov.org

City Hall

Main Office (408) 535-3500
<http://www.sanjoseca.gov/index.asp>

Library Locations

Evergreen Branch Library (408) 808-3060
Tully Community Library (408) 808-3030
SJ Public Library <http://www.sjlibrary.org>

Next newsletter deadline is May 23, 2020